

 *EXCELLENCE WITH INTEGRITY™ ASSESSMENT*

SPORT TEAM CULTURE SURVEY

SUMMARY REPORT

Sample Team

2018

Survey Data Summary

Sample Team: 2018

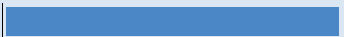
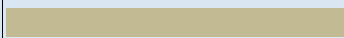




















1. Team Culture Among Student-Athletes			
1.1	Student-Athlete Performance: Competitive Greatness		3.86
			3.91
1.2	Student-Athlete Performance: Personal and Team Integrity		3.99
			3.78
1.3	Student-Athlete Performance: Selfless Teamwork		3.95
			3.92
1.4	Student-Athlete Performance: Grounded Self-Awareness & Growth Mindset		3.64
			3.81
2. Coaching for Optimal Performance			
2.1	Coaching: Communication to Clarify and Reinforce Expectations		4.10
			4.05
2.2	Coaching: Targeted Practice for Habit Development and Growth		4.42
			4.34
2.3	Coaching: Accountability through Support & Challenge		4.36
			4.01
2.4	Coaching: Mental Preparation and Mindset Formation		4.31
			4.11



2018 Athletes: N = 20
2018 Coaches: N = 7







Optimal performance: Maintain current focus and attention	Scores ≥ 4.5		
Approaching optimal performance: Build on current focus and attention	Scores ≥ 3.75 and < 4.5		
Area of opportunity: Intensify focus and attention	Scores ≥ 3 and < 3.75		
Area of concern: Commit to intensive effort & focus on improvement	Scores < 3		

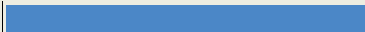

















Data Detail: Sample Team 2018



1.1 Student-Athlete Performance: Competitive Greatness		3.86	↑
		3.91	↑
Performance of student-athletes on:			
1) ... striving through hard work and sacrifice for excellence in competition.	 	4.25 4.00	↑ ↑
2) ... pushing outside of their comfort zone to aspire for greatness.	 	3.95 3.86	↑ ↑
3) ... performing every task or assignment with excellence--no matter how small or tedious.	 	3.55 3.43	! !
4) ... monitoring progress towards performance goals, making adjustments in practice and competition as needed.	 	3.85 3.86	↑ ↑
5) ... seeking out opportunities for growth.	 	4.00 3.33	↑ !
6) ... being coachable and open to feedback.	 	3.70 3.71	! !
7) ... preparing mentally in advance for a performance challenge.	 	3.95 4.00	↑ ↑
8) ... embracing adversity without complaining, blaming, or making excuses.	 	3.60 3.86	! ↑
9) ... quickly bouncing back from mistakes, failure, or embarrassment.	 	3.20 3.29	! !
10) ... keeping confident, never-quit attitude.	 	3.70 3.29	! !





2018 Athletes: N = 20 
2018 Coaches: N = 7 

Optimal performance: Maintain current focus and attention	Scores >= 4.5		✓
Approaching optimal performance: Build on current focus and attention	Scores >= 3.75 and < 4.5		↑
Area of opportunity: Intensify focus and attention	Scores >= 3 and < 3.75		!
Area of concern: Commit to intensive effort & focus on improvement	Scores < 3		✗

Data Detail: Sample Team 2018

2.1 Coaching: Communication to Clarify and Reinforce Expectations		4.10	↑
		4.05	↑
Performance of coaches and staff on:			
41) ... communicating with honesty and transparency regarding expectations for student-athletes.		3.94	↑
		4.00	↑
42) ... continuously clarifying performance standards, goals, and roles.		4.33	↑
		4.14	↑
43) ... demanding good sportsmanship and respect for fellow competitors, officials, and fans.		4.50	↑
		4.29	↑
44) ... establishing and continuously clarifying expectations for team conduct in and out of competition (e.g., locker room, travel, social, school, service, etc.).		4.50	↑
		4.43	↑
45) ... communicating in a way that respects and encourages each team member.		3.56	!
		3.57	!
46) ... communicating clearly steps for improvement, what to do better or differently to the team as a whole.		3.94	↑
		4.00	↑
47) ... communicating clearly steps for improvement, what to do better or differently to each student-athlete.		3.83	↑
		3.57	!
48) ... reframing losses and failures as opportunities for growth.		3.89	↑
		3.57	!

2018 Athletes: N = 20 
 2018 Coaches: N = 7 

Optimal performance: Maintain current focus and attention	Scores \geq 4.5		✓
Approaching optimal performance: Build on current focus and attention	Scores \geq 3.75 and $<$ 4.5		↑
Area of opportunity: Intensify focus and attention	Scores \geq 3 and $<$ 3.75		!
Area of concern: Commit to intensive effort & focus on improvement	Scores $<$ 3		✗

 **EXCELLENCE WITH INTEGRITY™ ASSESSMENT**

SPORT TEAM CULTURE SURVEY



501 (c) (3) nonprofit organization
216 Fayette St, Suite 1, Manlius NY, 13104 • Phone: 315.692.8054 • Fax: 315.692.8091
www.excellenceandethics.org



Excellence with Integrity™, Optimal Performance™,
and Culture of Excellence & Ethics Assessment™ are trademarks of the Institute for Excellence & Ethics (IEE).